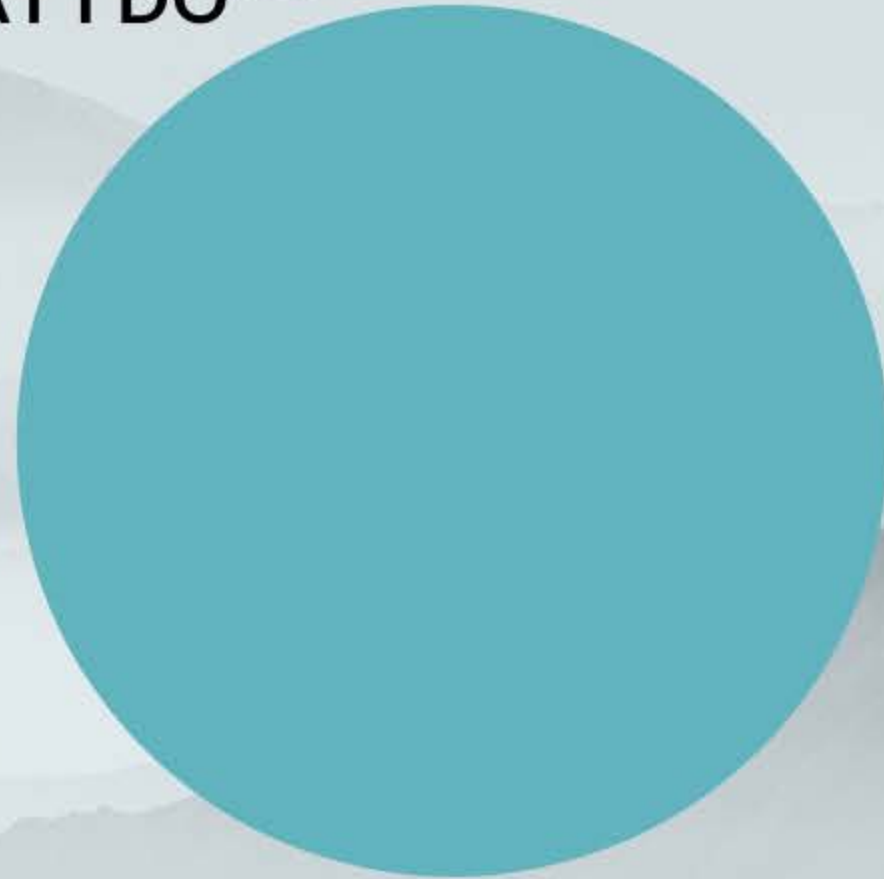
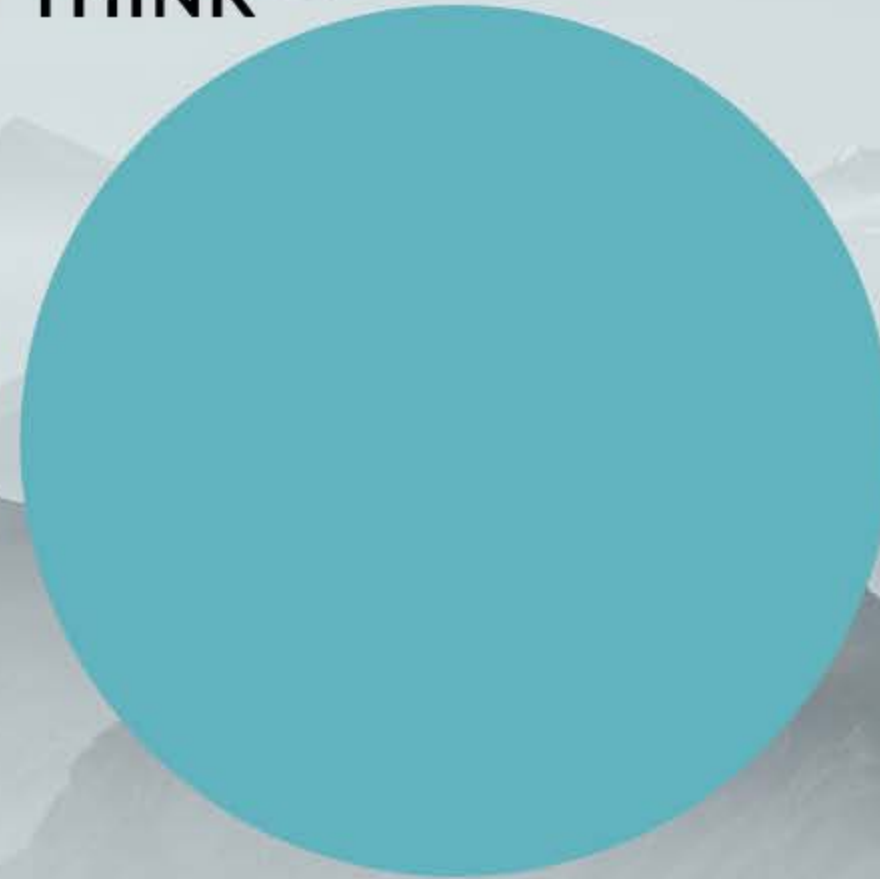


Things
THAT I DO



PROTECTIVE
BEHAVIORS/ACTIONS

Things
THAT I THINK



LIES ABOUT VALUE
ASSAULTS ON SELF-ESTEEM

Things
THAT I KNOW
NEED TO HEAL



DISCOVERING THE TRUTH
ALWAYS BRINGS HEALING